



Sunday 6	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Hot or Cold Cereal Egg & Cheese Omelet Toast	Hot or Cold Cereal Yogurt / Fruit Toasted Bagels	Hot or Cold Cereal Egg, Bacon, & Cheese Casserole Toast	Hot or Cold Cereal French Toast Sausage Links	Hot or Cold Cereal Scrambled Eggs Cinnamon Rolls Toast	Hot or Cold Cereal Sausage/Egg Cheese Croissant Banana/Yogurt	Quiche Lorraine Blueberry Coffee Cake Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Beef Mashed Potatoes & Gravy Carrots Strawberry Shortcake	Swedish Meatball Over Noodles Sicilian Vegetables Dinner Roll Cake	Grilled Pork Chops Baby Bakers Cinnamon Applesauce Jell-O	Orange Glazed Chicken Breast Stuffing Cranberry Orange Relish Ice Cream	Goulash Tossed Salad Homemade Bread Éclair Cake	Dill Glazed Salmon Hash Brown Casserole Vegetables Dessert	Beef Stew Warm Biscuit Coleslaw Lemon Bars
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Ham & Cheese Sub Redskin Potato Salad Fruit	BBQ Cocktail Franks Potato Wedges Orange Slices Cookie	Tomato Soup Crackers Grilled Cheese Sandwich Fruit	Fishwich On Bun Lettuce & Tartar Roasted Red Potatoes Cucumber Slices Pudding	Country Fried Steak Mashed Potatoes & Gravy Peas & Carrots Fruit	Chicken Quesadilla Lettuce, Tomato, Sour Cream & Salsa Tortilla Chips Cookie Bar	Pizza Burger Macaroni Salad Potato Chips Pickle Spear Ice Cream

Fountain View of Lowell

Menu subject to change

Snacks and beverages available upon request



Sunday 27	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1	Saturday 2
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Hot or Cold Cereal Scrambled Egg Bacon Toast	Hot or Cold Cereal Yogurt / Fruit Choice Of Eggs Toast	Hot or Cold Cereal Scrambled Eggs Breakfast Bread Toast	Hot or Cold Cereal French Toast Sausage Links	Hot or Cold Cereal Breakfast Casserole Toast	Hot or Cold Cereal Fruit / Yogurt Wheat Toast Breakfast Muffin	Hot Or Cold Cereal Fried Egg, Cheese, & Canadian Bacon Sandwich
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Turkey Mashed Potatoes & Gravy Peas Cranberry Sauce Pumpkin Pie Bars	Beef Taco Salad Spanish Rice Dinner Roll Cake	Ham Sweet Potatoes Corn Custard	Chicken Cordon Bleu Baby Bakers Cauliflower Ice Cream	Meatloaf Mashed Potatoes Gravy Carrots Jell-O	Baked Fish Parmesan Noodles Green Beans Banana Pie	Hamburger Stroganoff Pea Salad Dinner Roll Dessert
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Tuna Salad On Rye Tomato Soup Crackers Cookie	Swedish Meatballs Over Noodles Yellow Beans Emerald Pears	Italian Sausage & Peppers & Onions On Bun Potato Salad Rice Krispy Treat	Cheese Pizza Rotini Salad Fruit	Chicken Tenders Tater Tots Cinnamon Applesauce	Turkey Wraps Asian Coleslaw Grapes Cookie Bar	Chicken Salad On Croissants Pineapple Fluff Pickle Spear Ice Cream



Sunday 13	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18	Saturday 19
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Hot or Cold Cereal Cheese Omelet Bacon Toast	Hot or Cold Cereal Yogurt / Fruit Toast	Hot or Cold Cereal Choice Of Eggs Fried Potatoes Toast	Hot or Cold Cereal Sausage Gravy & Biscuit Baked Fruit	Hot or Cold Cereal Scrambled Eggs Sausage Links Toast	Hot or Cold Cereal Fruit / Yogurt Wheat Toast Coffee Cake	Hot Or Cold Cereal Belgian Waffles Sausage Patty Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Drumstick Scalloped Potatoes Sicilian Vegetables Assorted Pies	Grilled Hamburger Tomato/Lettuce Onion On Bun Macaroni & Cheese Homemade Cake	Fire Braised Pork Shoulder Potato Medley California Vegetables Jell-O	Chef Salad Breadstick Fresh Cantaloupe Ice Cream	Turkey Pot Roast Ranch Mashed Potatoes Green Beans Cheese Cake	Baked Fish Baked Potato Cooked Cabbage Dessert	Spaghetti & Meat Sauce Tossed Salad Garlic Roll Brownie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Ham & Cheese Sub Potato Chips Ambrosia Salad Cookie	Baked Beans & Franks Applesauce Homemade Bread Pudding With Wafers	Chicken & Dumplings Diced Carrots Warm Biscuit Fruit	Creamy Vegetable Soup Egg Salad Sandwich Orange Slices Cookie Bar	Bacon, Lettuce & Tomato Sandwich Long Grain & Wild Rice Marinated Cucumbers Cupcake	Grilled Cheese Sandwich Onion Rings Pickle Spear Fruit	Sloppy-Jo On Bun Oven Roasted Potatoes Mandarin Oranges Ice Cream

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Sunday 20	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Hot or Cold Cereal Egg Frittatas Hash Brown Patty Toast	Hot or Cold Cereal Yogurt / Fruit Breakfast Bread	Hot or Cold Cereal Scrambled Eggs Bacon Toast	Hot or Cold Cereal French Toast Sausage Links	Hot or Cold Cereal Breakfast Casserole Toast	Hot or Cold Cereal Fruit / Yogurt Eggs Of Choice Wheat Toast	Blueberry Pancake Square Sausage Patty Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Swiss Steak Mashed Potatoes & Gravy Carrots Strawberry Rhubarb Pie	Baked Chicken Potato Salad Coleslaw Cake	Grilled Hot Dog Baked Beans Potato Salad Watermelon Cookie	Norwegian Casserole Spinach Garlic Roll Ice Cream	Salisbury Steak Mashed Potatoes & Gravy Yellow Beans Cookie Bar	Baked Fish Garden Rice Vegetable Blend Dessert	Chicken Fettuccini Alfredo Broccoli Dinner Roll Fruit Crisp
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Deluxe Pizza Marinated Cucumbers Watermelon	Chipped Beef Over Toast Peas Pudding	BBQ Sandwich Potato Chips Coleslaw Ice Cream	Deli- Meat Sub Pea Salad Pickle Slices Cookie	Boneless Chicken Wings Macaroni Salad Fruit	Creamy Potato Soup Crackers Egg Salad Sandwiches Fruit	Hotdog On Bun Baked Beans Potato Chips Ice Cream

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