

**Fountain View of Lowell  
June 2019- Breakfast**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
						1 <i>Hot or Cold Cereal Breakfast quiche Coffeecake Toast</i>
2 <i>Hot or Cold Cereal Cheese omelet Bacon Toast</i>	3 <i>Hot or Cold Cereal Choice of eggs Yogurt Toast</i>	3 <i>Hot or Cold Cereal Choice of eggs Oven potatoes Toast</i>	5 <i>Hot or Cold Cereal French toast Sausage links</i>	6 <i>Hot or Cold Cereal Choice of Eggs Breakfast Casserole Toast</i>	7 <i>Hot or Cold Cereal Choice Of Eggs Yogurt/fruit Toast</i>	8 <i>Hot or Cold Cereal Blueberry Pancake Square Sausage patties</i>
9 <i>Hot or Cold Cereal Scrambled Eggs Bacon Toast</i>	10 <i>Hot or Cold Cereal Choice of eggs Yogurt Toast</i>	11 <i>Hot or Cold Cereal Scrambled eggs Hash brown patty Toast</i>	12 <i>Hot or Cold Cereal Pancakes Sausage links</i>	13 <i>Hot or Cold Cereal Scrambled eggs Danish Toast</i>	14 <i>Hot or Cold Cereal Scrambled eggs Yogurt/fruit Toast</i>	15 <i>Hot or Cold Cereal Scrambled Eggs Sausage patties Toast</i>
16 <i>Hot or Cold Cereal Scrambled Eggs Bacon Toast</i>	17 <i>Hot or Cold Cereal Choice of eggs Yogurt Toast</i>	18 <i>Hot or Cold Cereal Choice of eggs Coffeecake Toast</i>	19 <i>Hot or Cold Cereal Waffles and strawberries Sausage links</i>	20 <i>Hot or Cold Cereal Breakfast Casserole Muffins Toast</i>	21 <i>Hot or Cold Cereal Choice Of eggs Yogurt/fruit Toast</i>	22 <i>Hot or Cold Cereal Choice of eggs Texas hash Toast</i>
23 <i>Hot or Cold Cereal Sausage Gravy &amp; Biscuits</i>	24 <i>Hot or Cold Cereal Choice of eggs Yogurt Toast</i>	25 <i>Hot or Cold Cereal Breakfast casserole Toast</i>	26 <i>Hot or Cold Cereal Blueberry Pancakes Sausage links</i>	27 <i>Hot or Cold Cereal Breakfast Casserole Cinnamon rolls</i>	28 <i>Hot or Cold Cereal Choice of Eggs Yogurt Toast</i>	29 <i>Hot or Cold Cereal Scrambled Eggs Sausage Patty Toast</i>

**Fountain View of Lowell  
June 2019- Lunch**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Chicken noodle casserole Spinach Strawberry shortcake
2 Turkey Pot Roast Mashed Potatoes & Gravy Green Beans Banana Pie	3 Sweet and sour chicken over rice California Blend Homemade cake	4 Pork roast Squash Waxed beans Cranberry chill	5 Beef Tips Over Noodles Pistachio fluff Ice cream	6 Meatloaf Mashed potatoes and gravy Carrots Cookie bar	7 Shrimp Twice baked potatoes Cooked Cabbage Peach Cobbler	8 Spaghetti with meat sauce Tossed salad Garlic roll Angel food cake
9 Swiss steak Mashed potatoes and gravy Peas Pie	10 Hamburger Lettuce/tomato Onion/pickle Potato salad Homemade cake	11 Ham Scalloped potatoes Corn Cheese cake	12 Meat Ravioli With Sauce Tossed salad Garlic roll Ice cream	13 Beef Enchiladas Lettuce & Tomato Sour cream , Salsa Red Beans & Rice Layered Jell-O	14 <b>Flag Day Celebration</b>	15 Beef stew Warm biscuit Fruity lettuce salad Lemon bars
16 Roast Turkey Potatoes & gravy Corn Dinner roll Pie	17 Chicken drumstick Baked beans Coleslaw Lemon Pie	18 Salisbury Steak Potatoes & gravy Green Beans Jell-O	19 Liver & Onions Or meatballs Oven fried potato California blend Ice cream	20 Pork & Stuffing Casserole Vegetable Blend Dessert	21 <b>SUMMER PICNIC</b>	22 Chicken Pot Pie Tossed salad or cottage cheese Fruit Crisp
23 Roast Beef Potatoes & gravy Baby Carrots Pie	24 Chicken Cordon Blue Baby Bakers Fruit Salad Cake	25 Pork Shoulder Seasoned Noodles Vegetable Cookie bar	26 Shepard's Pie Coleslaw Corn Bread Ice cream	27 <i>Baked Chicken Potato Salad Baked Beans Chocolate Bars</i>	28 <i>Baked Fish Hash Brown Patty Harvard Beets Carrot Cake</i>	29 <i>Meat Ravioli Fruit Fluff Garlic Roll Layered Dessert</i>

**Fountain View of Lowell  
June 2019- Supper**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
						1 Boneless BBQ Ribs Tater Tots Pickles Ice Cream
2 Pizza Pasta Salad Fruit	3 Bologna & Cheese sandwich Sliced tomato Potato chips Pudding	4 Roast Beef Sliders Hash Brown Patty Pickle Fruit	5 Chili Crackers Corn Bread Cookie Bar	6 Italian Sausage with peppers and onions Onion Rings Fruit	7 Turkey Sliders Macaroni salad Cookie	8 Tomato Soup Grilled Cheese Sandwich Ice Cream
9 Chicken Salad On Croissant Macaroni Salad Fruit	10 Pigs In A Blanket Potato Wedges Cottage Cheese Salad Cookie	11 Tuna Salad Sandwich With Tomato/Lettuce Potato Chips Pickle Pudding Parfaits	12 Chicken Tenders Potato salad Cole Slaw Fruit	13 Ham & Cheese Sliders Split Pea Soup Crackers Cup cake	14 Goulash Cucumber Spears Garlic Roll Fruit	15 BBQ Pork On Bun Tater Tots Ice Cream
16 Beef & Noodle Soup Crackers Cucumber & Tomato Salad Fruit	17 Polish Dog On Bun Oven Potatoes Pudding Parfaits	18 Ground Bologna Pineapple Fluff Potato Chips Fruit	19 Burger Sliders Onion/Pickles Potato Salad Cookie Bar	20 Creamy Chicken Rotini Casserole Tossed Salad Fruit	21 Hot Beef On Bun Zucchini Sticks Pickles Cupcake	22 Grilled Ham & Swiss On Rye Potato Wedges Ice Cream
23 Potato Soup Crackers Turkey Sliders Fruit	24 Beans & Franks Corn bread Fruit Fluff Cookie	25 Meat Lasagna Green Beans Garlic Roll Fruit	26 Chicken Nuggets Tater Tots Pickle Fruit Crisp	27 Bacon, Lettuce, & Tomato Sandwich Corn Nuggets Fruit	28 White Chicken Chili Crackers Ambrosia salad Cookie Bar	29 Grilled Brats Pasta salad Potato Chips Ice Cream

